

This Week at TBS!

Dear Parents and Students,

I can hardly believe that we are coming to the end of the month of May and that the summer holidays are not too far away. However, we still have a lot of learning time to use with some amazing events planned. This week we have our Art Fair in the Hall celebrating the talent of so many of our students, why not take some time at the end of the day to visit. Next week our International Week celebrating our unity and diversity will focus on developing our students as Global Citizens (remember to check which days are dress up days). We have two musical and drama performances coming later in June, farewell assemblies and our very special Graduation Night on June 22nd. As I said, there is still a lot of learning going on. We shared the key topics and objectives being covered in Y7-9 for the remaining weeks with parents of students in those year groups last week. In the month of June we also have our end of year assessments for most year groups looking at the skills taught in English, maths and science. Make sure your young learners are OTIS – read more below!

You Don't Want to Miss Out on...

International week -4th June

French Day-5th June

Dress up Day- 8th June

Health Week-18th June

End of Academic Year- 26th June

Communication Tree

Thank you to those of you who have suggested that we coordinate a Communication Tree throughout the school for the sharing of reminders and key information to year groups, Key Stages, sections and whole school where required. We are looking for volunteers to be Class Key Communicators and Year Group Key Communicators. Our Year Group volunteers would be linked in a whatsapp group directly with myself and senior leaders. I know many of you are doing a great job with this already and now I want to formalise it as we develop our Friends of TBS support for all our families. If you are interested and willing to be one of our Key Communicators, please email my PA m.ali3_tbs@gemsedu.com and we will start to build our TBS Communication Tree. I would like to have this in place by mid-June to trial.

OTIS (On Time in School)

We are experiencing a large number of students arriving late in the morning and observing patterns of absences. Although the end of the school year is approaching, we still have a lot of learning to do so need your support to ensure that your child/children are in school every day and here on time. The gates open at 0730am and all students should be in their classes ready for registration by 0740am in Secondary and 0745am in Primary. Click [here](#) to read our full Attendance Policy.

<https://drive.google.com/file/d/1Epc5OtlxG4CSBhwCWs8h3GZbfbqdVhqf/view>

would like to share with you seven reasons why being OTIS is essential for your child:

- **Readiness for Learning:** Being punctual ensures that students arrive at school with ample time to settle in, prepare themselves mentally, and get organised for the day ahead. This readiness allows them to start the school day in a focused and composed manner, ready to engage in learning activities right from the beginning.
- **Full Participation:** Arriving on time enables students to fully participate in the entire range of learning experiences and activities that occur at the start of the school day. They have the opportunity to engage in discussions, group work, collaborative projects, and other interactive activities that foster critical thinking, creativity, and social skills development.
- **Academic Success:** Being present from the beginning of the school day ensures that students do not miss important instructions, announcements, or essential information shared by teachers. This improves their chances of comprehending and understanding the concepts being taught, resulting in improved academic performance.
- **Establishing Positive Habits:** Punctuality in school sets the foundation for students to develop positive habits and skills that are essential for success in various aspects of life. By consistently being on time, students learn valuable time-management skills, organizational abilities, and self-discipline, which can benefit them in their future academic and professional endeavors.
- **Reduced Stress and Anxiety:** Being on time reduces unnecessary stress and anxiety that may arise from rushing to reach school or facing consequences for tardiness. Students who arrive on time experience a smoother transition into the school day, leading to a more relaxed and positive mindset conducive to learning and social interactions.
- **Positive Relationships:** Arriving at school on time allows students to build positive relationships with their peers, teachers, and other members of the school community. They have the opportunity to engage in informal conversations, form friendships, participate in extracurricular activities, and take advantage of any support or guidance offered by teachers before the formal instruction begins.
- **Personal Responsibility and Accountability:** Being punctual teaches students about personal responsibility and accountability. It helps them understand the importance of fulfilling commitments, respecting others' time, and taking ownership of their actions. These qualities are highly valued in educational settings and are transferable to various aspects of their lives.

What does a 'holistic curriculum' mean?

Many of you have been asking about the meaning of the term 'holistic' when it is used in an educational context. In the following paragraphs I have outlined what this term means for our school community:

At TBS, the concept of holistic education goes beyond traditional academic achievements and aims to develop students into well-rounded individuals who are equipped with the skills, knowledge, and values necessary for success in all aspects of life.

At TBS each student is a unique individual with distinct talents, interests, and aspirations. With this understanding, we provide a nurturing and inclusive environment where students are encouraged to explore their passions and develop their full potential. The school's dedicated teachers are committed to supporting students' intellectual, emotional, social, and physical growth.

In line with its holistic approach, TBS offers a comprehensive curriculum that extends beyond core academic subjects. Students have the opportunity to engage in a wide range of disciplines, including the arts, music, physical education, leadership, environmental education, well-being, ethics, character education and social responsibility through our After School Activity Programme in addition to ongoing lessons. By embracing this diverse range of opportunities, students are encouraged to develop their creativity, critical thinking, and problem-solving abilities.

Experiential learning plays a crucial role in the educational experience at TBS. Through hands-on activities, projects, and real-world experiences, students actively participate in their own learning process. This approach fosters collaboration, reflection, and self-assessment, enabling students to become self-directed learners who can adapt and thrive in an ever-changing world.

Moreover, through our guiding statements (Jewels of Kindness and Respect) TBS places a strong emphasis on the holistic well-being of its students. The school promotes the development of emotional intelligence, empathy, and a sense of responsibility towards others and the environment. Students are encouraged to engage in mindful practices, promoting mental well-being and a sense of balance in their lives.

At TBS, holistic education is not merely a concept but a lived experience. The school is dedicated to providing an educational journey that prepares students to become compassionate, resilient, and globally-minded individuals who can positively impact the world around them.

Colours of Spring around New Cairo

Have you notice the Flamboyant Trees in bloom? They are all across the city and their other name of Flame Tree reflects the brilliant orange flowers. Some are so heavily laden with flowers you cannot see the branches or leaves! However, the time of orange is passing and you might already have seen the pale pink flowers of the Pink Cassia. Native to South East Asia, this stunning ornamental tree providing shade is cultivated world wide.



In Thailand this tree is said to bring good luck, ensure continued high rank and bring victory. The wood of the Pink Cassia is used for general construction, furniture and cabinet making. The bark is used for tanning in the leather processing industry while the leaves have been used in ayurvedic medicine.

A Message From Ms Rachel Hardwick, Head of Primary

Dear Parents,

I hope this newsletter finds you in good health and high spirits. As we approach the end of the academic year, I would like to share some exciting updates and events happening at British School Rehab that are sure to leave lasting memories for our students.

Impressive Hanging Gardens and Bird Feeders: A Testament to Resourcefulness

One of the highlights in recent weeks has been the emergence of beautiful hanging gardens and bird feeders throughout our school grounds. These incredible creations have been meticulously crafted by our resourceful students in response to the Sustainable Development Goals (SDGs) and the Challenge of the Pharaohs initiative. The hanging gardens not only enhance the aesthetics of our school but also provide a thriving environment for birds, promoting biodiversity and a sense of responsibility towards nature. It's truly heartwarming to witness our students' commitment to making a positive impact on the world around them.

Internet Safety Workshops: Empowering Our Students

Digital safety has always been a priority at British School Rehab, and our recent Internet safety workshops were a resounding success. Our students actively engaged in discussions and activities that emphasised the importance of responsible online behavior, protecting personal information, and recognising potential online threats. These workshops have equipped our students with the necessary knowledge and skills to navigate the digital world safely. We will continue to reinforce these lessons and work collaboratively with our students to ensure their digital well-being.

Year 4's Unforgettable Trip

Year 4 recently embarked on a fantastic educational trip that left them with lasting memories. Our students explored a variety of enriching experiences, fostering their curiosity and nurturing a love for learning outside the classroom. These excursions are an integral part of our holistic education approach, and we are delighted to see our students grow and thrive through these immersive learning opportunities.

End-of-Year Memorable Events on the Horizon

As we approach the end of this academic year, we are eagerly looking forward to a series of memorable events that will celebrate our students' achievements and the collective spirit of our school community. We are dedicated to ensuring a joyous conclusion to this academic year.

In conclusion, I want to express my gratitude to our dedicated teachers, supportive parents, and most importantly, our remarkable students, for their unwavering commitment and enthusiasm throughout the year. Together, we have achieved great milestones and created an environment that nurtures growth, curiosity, and a sense of responsibility.

Best wishes,
Rachel Hardwick

Focus on Primary

EYFS-Transitions to the next year group

As we come to the end of the school year, many of us are focussing on the summer holidays and plans for travel and family time which are very important. The final EY Parent Workshop on 6th June will be about Summer activities for children. We hope you can attend.

However, before we finish the term, the teachers are also thinking about next year and how to prepare the children for the change of class, year group and teacher. For Preschool students and FS1 students, the transition is minimal. They are already familiar with the EY department and know all of the teachers already. However, we do recognise that they will be moving to a different classroom, classes are mixed up and some teachers will be new to TBS. So please talk to your children about this in a positive way over the holidays.

For FS2, the change is bigger as they will be moving out of the EY department and going to Year 1. So, we have planned a few visits for them to go and spend time in each of the Year 1 classrooms, do activities, play games, ask questions and find out more about the teachers etc.

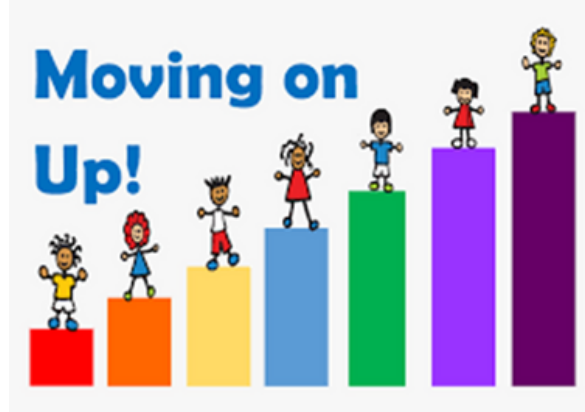
If your child comes home and tells you they know which class they are in, with a specific teacher, please remind them this is not decided yet and they will be visiting all classes. The biggest change in Year 1 can be independence. In FS2 we encourage the children to unpack their bags, eat lunch sensibly, walk in the corridors etc but we are aware that some still need support with this.

Over the holidays, please allow your children to be independent with dressing/undressing, toileting, carrying their own things in a bag that they have packed themselves, eating independently (including opening packets) and looking after their own belongings.

What can parents and carers do?

- Talk positively about the move to year 1 and play down your own anxieties if you have them. For example, instead of saying things like, 'You'll have to work a lot harder in year 1', say, 'It will be exciting to learn about new things, won't it?'
- Talk about what is coming up in September. The summer holiday is a longer one, so it helps to keep the changes fresh in your child's mind. Talk about their new teacher and what they are looking forward to in year 1.
- Read, read, read. Reading with and to your child is the single most powerful thing you can do to support their learning and progress at school.
- Encourage your child to write, but make it fun and meaningful. For example, writing a shopping list for a meal they have chosen, writing a holiday diary or sending an email to Granny and Grandad.
- Practise telling the time to the hour and half hour on a clock with hands.

- Practise counting in 2s, 5s and 10s, talk about 'more than' and 'less than' and look for 2D and 3D shapes in the world around you.
- Practise handwriting and letter formation. If your child has a weak grip or struggles to hold a pencil, strengthen their fingers using activities such as playdough, bead threading, construction with bricks.
- If your child will be wearing shoes with laces, please teach them how to tie them by themselves.



لغتنا العربية



لا يمر أسبوع إلا ويكون كل يوم فيه مصاحبا لنشاط مختلف سواء داخل أو خارج الصف ليستمتع تلاميذنا بحصة اللغة العربية والتربية الدينية و ينتظرونها يوما بعد يوم لترسم على وجوههم بسمة من خلفها جهد كبير مبذول من المعلمين .



The Olympic spirit is alive and well in Year 1, and we've been having a blast over the past two weeks diving deep into the history of the games. This week, we were lucky enough to learn about some incredible Egyptian athletes who have competed in the Olympics.

But the real star of the show was our very own PE teacher, Ms. Areej, who shared her own experience as an Olympian and even brought in her impressive collection of medals for us to marvel at.

And to top it all off, we got to show off our own athletic skills by sharing the sports we play and the medals and trophies we've earned with our classmates. It was a great opportunity to celebrate each other's achievements and encourage each other to keep pushing ourselves to be the best we can. Who knows if we have a future Olympian amongst us. Let's aim for the gold!



A Message From Mr Nigel Wilsonlock, Head of Secondary

Dear parents and students,

I hope this newsletter finds you well as we finish another productive week at The British School. Despite the limited time remaining in this term, there are still numerous valuable opportunities and important events that we encourage you to participate in.

Firstly, I would like to extend a warm welcome to the approximately 40 new Sudanese parents who joined us for a workshop and coffee morning this week. It was a pleasure to meet our new joiners and hear their stories of relocation to Cairo. We assured them that as a close-knit community, we are dedicated to helping their children settle into their new school and thrive once again. We value the diversity and experiences they bring to our school community, and we look forward to supporting them on their educational journey.

For all parents, we want to emphasise the significance of attending school regularly, even during these final five weeks. Each day of learning is crucial for your child's progress and development. By ensuring consistent attendance, we can maximise their educational experience and provide them with the support they need to thrive academically and socially. Please be reminded that school starts at 07:40am.

For the remaining weeks of learning, we would like to highlight the commitment of our dedicated teachers. They have planned engaging lessons and valuable learning experiences tailored to your child's individual needs. Please encourage your child to actively participate in class, complete assignments, and seek help when needed. Together, we can foster a love for learning and promote academic growth.

I would also like to remind parents about the upcoming Parent Workshop (Tuesday 8am), where we will discuss the effective use of GL Education assessments, including CAT4, PASS, and Progress Tests. These assessments play a vital role in personalising your child's learning journey, allowing us to better understand their strengths, areas for improvement, and specific learning needs. Join us to gain valuable insights into how these assessments inform our teaching strategies and support your child's academic progress. You will go away wanting to know more and feel empowered to support.

As we approach International Week, let us remember the significance of cultural diversity and mutual respect. We kindly request that students avoid wearing generic national sportswear during this special week. Instead, encourage them to dress in a manner that reflects cultural appreciation and respect for the different traditions and nationalities represented within our school community.

Thank you for your ongoing support and cooperation in creating a vibrant and inclusive learning environment for our students. We look forward to a successful conclusion to the term and the upcoming celebrations and awards assemblies.

Should you have any questions or concerns, please do not hesitate to reach out to us. Your partnership is vital in ensuring your child's educational journey is enriching and fulfilling.

Kind regards

Nigel Wilsonlock

Head of Secondary

TBS Medical Update: Summer is here how can We stay healthy

While winter is the season of illness Summer also has its challenges, to prevent ourselves from being sick in the summer and enjoy it we need to know the most common summer illnesses.

- Heat exhaustion/ Heat stroke and dehydration: Always wear loosely fitted cotton clothes and keep hydrated. During physical activity drink 2 to 3 cups of water every hour.
- Sunburn: It happens When your skin is exposed to too much sun avoid sun exposure from and use sunscreen
- Heat rash/ Sweat rash: It is due to blockage and inflammation of sweat ducts causing small red spots which are irritating and itchy. Always wear loose cotton clothes and take cool baths and shower and stay hydrated.
- Conjunctivitis (Pink eye): Bacterial growth is more in the summer heat leading to eye infection and it is also communicable and can spread to others. To prevent it always wash your hands and avoid touching your eyes, don't share towels o cosmetics and change pillowcases often.
- Food poisoning: Bacteria grow faster in the summer, eating food left out for too long can make people sick. Keep raw meat, Poultry and seafood chilled below 4 degrees Celsius until ready to cook, wash your hands before cooking and eating, Wash fruits and vegetables properly and keep food closed in containers until consumption.
- Eczema: It is a common skin disease and increased by sweating causing severe itching
- Nosebleed: Nose bleeds are frequent problems in hot weather as the small blood vessels in noses dilate and burst. It is prevalent in small children.

So, Enjoy the summer and the outdoors but stay hydrated!!!!



Dr Marwa Shehata

School Doctor

Parent workshop

Last week our Year 6 parents were invited to attend a Transition Workshop led by our Head of Key Stage Three, Mr Fady. This will ensure a smooth transition between the year groups and advised parents on the expectations of the Senior School.

Last week we also held a coffee morning to support our new Sudanese families as they begin to rebuild their lives in Cairo and at TBS. Thank you to all of you for reaching out asking how you can help these new TBS families feel part of our family.

Our next Whole School Parent Workshop will be on Tuesday, 30th May and will focus on the upcoming GL Progress Tests for Years 3-9. Ms Rachel will lead the workshop and share with you the kinds of questions that your children will be answering as well as how we use the data from the tests to support students individually and look for trends across classes and year groups for planning.

Time for a Spring Clean!

The TBS Senior Leadership Team's JIT focuses on 'Pre-loved Uniforms'. Our children grow so quickly needing new uniform items yearly or even every term. Often the items are still in very good condition and could be reused. We have all had 'hand-me-downs' from older brothers, sisters or cousins but here is an opportunity to reduce the amount of new uniforms being bought and share within our TBS family. We ask you to bring in those pre-loved yet still wearable and freshly laundered uniform items that your children have grown out of for other children to reuse.

Challenge of the Pharaohs 2023 – the deadline is coming...

Thanks to those of you who have already shared their 'At Home' Just 1 Thing Challenges with your class teachers and tutors. The deadline for submission has not passed but know that some of you are finishing off your videos and powerpoints so please send them by the end of this week to be considered for this category. We will be choosing the two best Challenges from this category to compete against all the EEP schools submissions – go TBS!

Attendance Policy Reminders

Thank you to everyone in supporting TBS in prioritising the need for all students to be On Time In School everyday. To continue to focus on this we have updated our Attendance Policy which you can read in full.

CIS Community Survey

CIS is a membership community working collaboratively to shape international education through professional services to schools, higher education institutions, and individuals. The CIS vision is to inspire the development of global citizens through high quality international education: connecting ideas, cultures, and educators from every corner of the world.

The CIS Accreditation process has long been recognised in international school circles as a highly effective means of initiating and maintaining school improvement while adhering to globally-benchmarked standards. Approximately 665 international schools are served by the membership organisation known as the Council of International Schools (CIS). Since 1970, it has accredited member schools, and many nations around the world hold a high regard for its accreditation process. During 2021-2022 GEMS TBS welcomed the Council of International Schools (CIS) to visit us virtually as part of our international accreditation. The evaluators from CIS were impressed with our school and have provided much valuable feedback for us to advance to the next stage in the accreditation process: the school self-study. Part of this self-study is a Community Survey which involves all stakeholders of the school. At GEMS TBS we want you to experience excellence, and we know this means continuously evaluating what we do. In addition to our GEMS Parent Satisfaction Survey, the CIS Community Survey will help us better understand how we are doing as a school in different areas and from all stakeholders. The more parents, students, teachers and support staff we hear from, the more confident we can be in our development plan.

Please take a moment to check your email, take this short survey and help us shape the school's future by providing us with feedback through the CIS Community Survey. You should complete one survey per child enrolled in the school before 15th May. For your ease and comfort, the survey is available in both English and Arabic. If you have not received the survey link via email, please inform our Front of House team. Challenge of the Pharaohs 2023 – the deadline was last Thursday

Thanks to those of you who have already shared their 'At Home' Just 1 Thing Challenges with your class teachers and tutors. The deadline for submission has not passed but know that some of you are finishing off your videos and powerpoints so please send them by the end of this week to be considered for this category. We will be choosing the two best Challenges from this category to compete against all the EEP schools submissions – go TBS!

TBS Updated Assessment Policy

Please click link to read our updated TBS Assessment Policy which outlines the many different assessments used throughout the school, how we feedback to you, how we use data to inform learning and our target setting process.

https://drive.google.com/file/d/1kKh9g0gBavRHG8ReU8iM9WqHUGE9g6rZ/view?usp=share_link

Academic Calendar for 2023-24

Please click here to view and download the term dates and holidays for the next academic year.

https://drive.google.com/file/d/1yZvNn_ClaEk9K63qYgZrW8M2rJKjATrb/view?usp=share_link

Dress Code Reminder

Every morning as your children enter school we monitor their uniform to ensure that they are in keeping with our TBS Dress Code. Thank you for your support with keeping jewellery at home and for taking note in regards to facial piercing.

We would ask for your continued support ensuring that all students attend every day in the correct uniform items. Only TBS branded sports items should be worn on PE days. Only TBS branded jumpers, jackets, shirts, tshirts and trousers should be worn on non-PE days. Please note that sports shoes are only acceptable on PE days.

If your child comes to school wearing non TBS uniform items, we will call you and ask for your support to ensure the correct uniform is worn from now on or to bring in the uniform item for your child to change.

Thank you for your continued support in keeping up our TBS Dress Code Standards:

- All children to attend school in the TBS uniform at all times. This also includes suitable footwear.
- All long hair must be tied back at all times. This includes boys with longer hair.
- For girls, small stud earrings can be worn. Nose rings are not acceptable at any time.
- Jewellery is not allowed and should be left at home to avoid any loss or damage.
- No smart watches

Our Week in Photos

